



"Accurate FDA-Approved ADHD Testing for Clearer Paths to Success for Children"

Preparing an Optimal Testing Environment

- Choose a quiet, distraction-free space.
- Ensure your child has a healthy sleep routine before testing day.
- Provide balanced meals and limit sugary foods to support focus.
 - Keep water and healthy snacks nearby for breaks.
 - Conduct testing in a familiar, comfortable setting to help your child feel at ease.
 - Reduce stress to ensure more reliable and accurate results.

Why Choose Us for ADHD Testing?

- Expert team delivering accurate ADHD evaluations.
- Tailored assessments for your child's unique needs.
- Privacy ensured with strict confidentiality.
- Supportive, stress-free experience for families.
- Convenient remote testing from home.

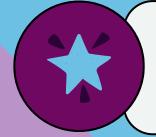
Focus and Organizational Skills

- Identify strategies to improve attention and focus.
- Create distraction-free, supportive environments.
- Break tasks into manageable steps to reduce overwhelm.
- Receive tailored recommendations for your child's needs.
- Empower your child with skills for clarity and confidence.

Movement and Physical Activity in ADHD Testing

- We understand that physical activity can enhance focus during assessments.
- Our testing process allows for movement breaks to help children stay engaged.
- Frequent Breaks During Testing.
- We provide short, structured breaks throughout the testing process to reduce restlessness and support sustained focus.

Behavioral Strategies and Emotional Support in ADHD Testing



We use evidence-based techniques during testing to address challenges like impulsivity and task completion, helping children stay focused and engaged throughout the process.

Set Realistic Expectations

- Time Commitment: Testing may take several hours, including breaks.
- Patience Needed: Children may need extra time to focus and engage.
- Comfort First: A familiar setting reduces stress but may still have challenges.
- Parental Role: Be present for support but allow independence during tasks.
- Outcome Awareness: Results offer insights, not instant solutions, and guide the next steps.



Copyright All Rights Reserved Tranquility Behavioral Health