

WHAT TO EXPECT ON TESTING DAY?

Pre-Test Preparation

- Schedule your test with your clinician or provider, and you'll receive a link to the secure platform.
- Use a computer, laptop, or tablet with a stable internet connection, camera, and microphone.
- Choose a quiet, well-lit space free of distractions.
- Test your camera, microphone, and platform access beforehand.
- Follow any specific pre-test instructions from your provider to be fully prepared.



Environment Preparation:

- Environment Preparation for ADHD, Autism, Concussion, and MCI Testing
- Choose a quiet, distraction-free space with minimal background noise.
- Ensure the area has proper lighting and comfortable seating.
- For autism testing, create a familiar and calming environment for the child.
- Remove potential interruptions such as phones, pets, or other distractions.
- Keep necessary items like water or tissues nearby, if needed.



Standardized Questionnaires:

- Autism: Autism Spectrum Quotient (AQ), Social Responsiveness Scale (SRS)
- ADHD: ADHD Self-Report Scale (ASRS), Conners' Rating Scales, Vanderbilt ADHD Diagnostic Scale
- Concussion: Post-Concussion Symptom Scale (PCSS), SCAT, Rivermead Questionnaire
- MCI: Montreal Cognitive Assessment (MoCA), Mini-Mental State Exam (MMSE), Everyday Cognition Scale (ECog)
- These tools ensure thorough and reliable assessments.



Parent or Caregiver Input

- Be present during the setup to assist with technology and environment preparation.
- Ensure the child or individual being tested is in a calm and distraction-free environment.
- Provide any necessary background information or complete pre-test questionnaires, if requested.
- Be available to clarify behavioral or developmental concerns during the session, if applicable.
- Avoid interfering with the test process unless assistance is explicitly needed.



Virtual Testing Considerations:

- Verify your internet connection is reliable for uninterrupted testing.
- Use a device with a functional camera, microphone, and speakers for clear communication.
- Set up in a quiet and comfortable space with good lighting and no distractions.
- Check your device and platform access in advance to ensure readiness.
- Keep any required items, such as identification or a drink, within reach.
- Follow all guidance provided by the testing provider to ensure a smooth session.
- Be aware that video participation may be part of the testing process.

