

Help Prevent Suicide!

Preventing suicide involves a multifaceted approach that addresses emotional, psychological, social, and environmental factors.

1

"Fostering trust and open dialogue can be a lifesaving step in suicide prevention—every conversation matters."

2

"Empowering individuals with accessible mental health support and personalized counseling, fostering resilience, and building brighter futures."

3

Suicide Crisis
Intervention Services:
988lifeline.org
1-800-273-TALK(8255)

4

"Limiting access to lethal means like firearms and medications is crucial in reducing suicide risk."

5

"Breaking the stigma through education and awareness, fosters understanding and hope for mental health and suicide prevention."

Contact Us:

855 Rockmead Dr. Ste. 604 Kingwood, TX 77339

Phone: 832-879-2107 | Fax: 877-495-4112

Web: www.tranquilitybhc.com